

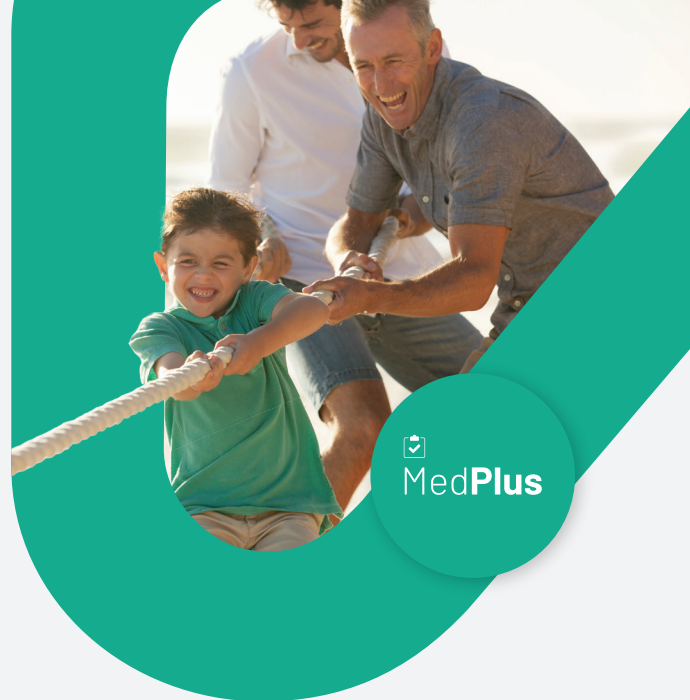


medihelp

120⁺
YEARS

Top-of-the-range extensive cover

From
R15 486
per month



MedPlus

Day-to-day benefits

Comprehensive cover



GPs



Specialists



Dentistry



Physiotherapy



Medicine



Optometry

Post-hospital care

Up to 30 days after discharge from hospital or a day procedure facility.

Added insured benefits



Contraceptives
R2 520/R2 940



10 maternity consultations



2 GP/specialist visits for children under 2 years



Preventive care
Health tests and screenings

Care extender



1 GP visit



R1 000 self-medication

Activated after completing certain health screenings/tests

Core benefits



Trauma and emergency
medical cover



Quality private
hospitalisation



Care for **271 PMB**
diagnoses and all CDL conditions



Specialised radiology in and out of hospital

Monthly contributions

	MedPlus
Main member	R15 486
Dependant	R15 486
Child dependant <26 years	R3 864

Quality private hospitalisation

Pay child dependant rates until your children turn 26.

Medihelp is an authorised financial services provider (FSP no 15738).

This is a summary of benefits. In the event of a dispute, the registered Rules of Medihelp will apply, subject to approval by the Council for Medical Schemes.

Monthly contributions

Main member		R15 486
Dependant		R15 486
Child dependant <26 years		R3 864

Children pay child dependant rates until they turn 26

Day-to-day benefits

GP and specialist visits, virtual consultations, physiotherapy, clinical psychology, psychiatric nursing, and supplementary health services	R4 700 per person (pooled per family)
Acute medicine	R8 600 per person (pooled per family)
Non-PMB chronic medicine	R24 200 per person
External prostheses and medical appliances	Per person per three-year cycle - Artificial eyes – R20 700 - Speech and hearing aids – R20 700 - Wheelchairs – R11 200 - Artificial limbs – R11 200 - Wigs – R2 400 CPAP apparatus – R12 495 per person per two-year cycle Medical appliances and hyperbaric oxygen treatment – R2 400 per person
Optometry (Opticlear network)	Per person per 24-month cycle - R1 190 for a frame/lens enhancements - R1 925 for contact lenses
Conservative dentistry (DRC network)	Routine check-ups, fillings, X-rays, and oral hygiene
Specialised dentistry (DRC network)	Crowns, implants, bridges, and orthodontic treatment
Standard radiology	Unlimited
Radiography	R1 365 per family
Pathology (Ampath, Lancet, and PathCare Vermaak)	Unlimited
Care extender benefit	
One additional GP consultation	Activates for the family once we've paid the first claim for a specified health test* from your added insured benefits
R1 000 for self-medication dispensed at a network pharmacy	Activates for the family once we've paid the first claim for a combo health screening** from your added insured benefits

Important

This is only a summary of the available benefits and co-payments that may apply to certain benefits. Please consult the registered Rules of Medihelp and the Member guide for more details. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes). Certain added insured benefits are not available if the patient has registered the medical condition for PMB or chronic medicine benefits, as the treatment is no longer considered as preventive care.

Added insured benefits

Medihelp provides these benefits on top of your insured day-to-day benefits. You can activate them when Medihelp receives your verified biometric details from your health screening results from Dis-Chem or Clicks. You can view your available benefits on the Member Zone at any time.

Maternity benefits	- Ten antenatal and postnatal consultations at a midwife/GP/ gynaecologist - Two antenatal and postnatal consultations at a dietician/ lactation specialist/antenatal classes - Two 2D ultrasound scans - Nine months' antenatal iron supplements - Nine months' antenatal folic acid supplements - Hearing screening for newborns up to 8 weeks, in and out of hospital
Babies <2 years	Two consultations at a paediatrician/GP/ear, nose, and throat specialist
Child immunisation	Standard immunisation up to seven years
Health screenings	One combo health screening (blood glucose, cholesterol, BMI, and blood pressure measurement)**
Preventive care benefits	- A tetanus vaccine - A flu vaccine - A mammogram* every two years - A Pap smear* every three years - A prostate test* - Faecal occult blood test (FOBT)* - A bone mineral density test* every two years - Two HPV vaccinations for girls and boys between 10-14 years or three between 15-26 years
Contraceptives	- Oral/injectable/implantable contraceptives – R190 per month, up to R2 520 per year - Intra-uterine device – R2 940 every 60 months

Core benefits

In-hospital treatment and life-essential services (insured benefits)

Hospitalisation	No overall annual limit Any private hospital, and day procedure facilities apply for certain day procedures
Hospital medicine on discharge: Applicable medicine dispensed and charged by the hospital on discharge from the hospital (to take out or TTO), excluding PMB/ chronic medicine	R750 per admission
Refractive surgery	Unlimited
Trauma that necessitates hospitalisation	Unlimited
Childbirth	- In hospital – unlimited - Home delivery – R17100 per event
Specialised radiology	- MRI and CT imaging – unlimited - PET scans – R28 800 per case
Post-hospital care for speech therapy, occupational therapy, and physiotherapy	R2 415 per member and R3 465 per family, including discharge from a day procedure facility
Emergency transport (Netcare 911)	- In country of residence: Unlimited (RSA, Lesotho, Eswatini, Mozambique, Zimbabwe, Namibia, and Botswana) - Outside country of residence: R2 600 for road transport and R17 700 for air transport
Treatment of life-threatening conditions	Unlimited Includes 271 PMB and 26 Chronic Diseases List (CDL) conditions
PMB medicine	Unlimited
Cancer treatment	- R682 500 per family - Exceptional medicine – R250 000
Mental health (psychiatric treatment)	- Hospitalisation and professional psychiatric services: R56 500 per beneficiary per year to a maximum of R76 900 per family per year, including one educational psychologist consultation per beneficiary per year to diagnose autism - Treatment of depression out of hospital, subject to registration on the Mental Health Programme: R6 300 per beneficiary per year, subject to the in-hospital limit, for services rendered by psychiatrists, psychologists, social workers, occupational therapists, and psychiatric nurses - Medicine: R170 per beneficiary per month, subject to the in-hospital limit
Health-essential functional prostheses	- R81 200 per person - Intra-ocular lenses – R5 900 per lens, two lenses per person - Hip, knee, and shoulder replacement – PMB and non-PMB
Other prostheses	- EVARS prosthesis – R171 400 per person - Vascular/cardiac prosthesis – R73 200 per person - Prosthesis with reconstructive or restorative surgery and external breast prostheses – R12 300 per family - Implantable hearing devices (including device and components) – R353 000 per person - Out-of-hospital benefit: R189 000 sub-limit per beneficiary per 5-year period for replacement of the sound processor
Organ transplants	- PMB only – unlimited - Cornea implants – R37 600 per implant
Palliative care	R35 400 per family
Wound care	Unlimited, subject to pre-authorisation and clinical protocols, alternative to hospitalisation
Other core benefits	Including renal dialysis, prostatectomy, oxygen, hospice, subacute care, and private nursing services as an alternative to hospitalisation