

# Top-of-the-range *extensive cover*

MedPlus



From **R14 184**  
*per month*

## Day-to-day benefits

- Comprehensive cover**
- GPs
  - Specialists
  - Dentistry
  - Physiotherapy
  - Medicine
  - Optometry

## Post-hospital care

Up to 30 days after discharge from hospital or a day procedure facility

## Added insured benefits

- **Contraceptives**  
R2 400/R2 800
- 10 maternity consultations
- 2 GP/specialist visits for children under 2 years
- **Preventive care**  
Health tests and screenings
- **Care extender**  
1 GP visit  
R510 self-medication  
Activated after completing certain health screenings/tests

## Core benefits

- Trauma and emergency medical cover
- Quality private hospitalisation
- Care for 271 PMB diagnoses and all CDL conditions
- Specialised radiology in and out of hospital



Quality private hospitalisation

		MedPlus
Main member		R14 184
Dependant		R14 184
Child dependant <26 years		R3 540




Pay child dependant rates until your children turn 26



**medihelp**  
Medical Aid in Action

Medihelp is an authorised financial services provider (FSP No 15738). This is a summary of benefits. In the event of a dispute, the registered Rules of Medihelp will apply, subject to approval by the Council for Medical Schemes.

## Monthly contributions

Main member		R14 184
Dependant		R14 184
Child dependant <26 years		R3 540

Children pay child dependant rates until they turn 26

## Day-to-day benefits

GP and specialist visits, virtual consultations, physiotherapy, clinical psychology, psychiatric nursing, and supplementary health services	R4 500 per person (pooled per family)
Acute medicine	R8 200 per person (pooled per family)
Non-PMB chronic medicine	R23 100 per person
External prostheses and medical appliances	Per person per three-year cycle <ul style="list-style-type: none"> <li>Artificial eyes – R19 800</li> <li>Speech and hearing aids – R19 800</li> <li>Wheelchairs – R10 700</li> <li>Artificial limbs – R10 700</li> <li>Wigs – R2 300</li> </ul>
	CPAP apparatus – R11 900 per person per two-year cycle
	Medical appliances and hyperbaric oxygen treatment – R2 300 per person
Optometry (PPN network)	Per person per 24-month cycle <ul style="list-style-type: none"> <li>R1 135 for a frame/lens enhancements</li> <li>R1 835 for contact lenses</li> </ul>
Conservative dentistry (DRC network)	Routine check-ups, fillings, X-rays, and oral hygiene
Specialised dentistry (DRC network)	Crowns, implants, bridges, and orthodontic treatment
Standard radiology	Unlimited
Radiography	R1 300 per family
Pathology (Ampath, Lancet, and PathCare Vermaak)	Unlimited
<b>Care extender benefit</b>	
One additional GP consultation	Activates for the family once we've paid the first claim for a specified health test* from your added insured benefits
R510 for self-medication dispensed at a network pharmacy	Activates for the family once we've paid the first claim for a combo health screening** from your added insured benefits

### Important

This is only a summary of the available benefits and co-payments that may apply to certain benefits. Please consult the registered Rules of Medihelp and the Member guide for more details. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes). Certain added insured benefits are not available if the patient has registered the medical condition for PMB or chronic medicine benefits, as the treatment is no longer considered as preventive care.

## Added insured benefits

Medihelp provides these benefits on top of your insured day-to-day benefits. You can activate them when you register on HealthPrint, Medihelp's free wellness programme for members, on the Member Zone. Your health screening results from Dis-Chem or Clicks will automatically upload to your health record on HealthPrint.

Maternity benefits	<ul style="list-style-type: none"> <li>Ten antenatal and postnatal consultations at a midwife/GP/gynaecologist</li> <li>Two antenatal and postnatal consultations at a dietician/lactation specialist/antenatal classes</li> <li>Two 2D ultrasound scans</li> <li>Nine months' antenatal iron supplements</li> <li>Nine months' antenatal folic acid supplements</li> </ul>
Babies <2 years	Two consultations at a paediatrician/GP/ear, nose, and throat specialist
Child immunisation	Standard immunisation up to seven years
Health screenings	<ul style="list-style-type: none"> <li>One combo health screening (blood glucose, cholesterol, BMI, and blood pressure measurement)**</li> </ul>
Preventive care benefits	<ul style="list-style-type: none"> <li>A tetanus vaccine</li> <li>A flu vaccine</li> <li>A mammogram* every two years</li> <li>A Pap smear* every three years</li> <li>A prostate test*</li> <li>An F0BT test*</li> <li>A bone mineral density test* every two years</li> <li>Two HPV vaccinations for girls and boys between 10-14 years or three between 15-26 years</li> </ul>
Contraceptives	<ul style="list-style-type: none"> <li>Oral/injectable/implantable contraceptives – R180 per month, up to R2 400 per year</li> <li>Intra-uterine device – R2 800 every 60 months</li> </ul>

## Core benefits

In-hospital treatment and life-essential services (insured benefits)

Hospitalisation	No overall annual limit Any private hospital, and day procedure facilities apply for certain day procedures
Refractive surgery	Unlimited
Trauma that necessitates hospitalisation	Unlimited
Childbirth	<ul style="list-style-type: none"> <li>In hospital – unlimited</li> <li>Home delivery – R16 300 per event</li> </ul>
Specialised radiology	<ul style="list-style-type: none"> <li>Angiography, MRI and CT imaging – unlimited</li> <li>PET scans – R27 500 per case</li> </ul>
Post-hospital care for speech therapy, occupational therapy, and physiotherapy	R2 300 per member and R3 300 per family, including discharge from a day procedure facility
Emergency transport (Netcare 911)	<ul style="list-style-type: none"> <li>In country of residence Unlimited (RSA, Lesotho, Eswatini, Mozambique, Zimbabwe, Namibia, and Botswana)</li> <li>Outside country of residence R2 500 for road transport and R16 900 for air transport</li> </ul>
Treatment of life-threatening conditions	Unlimited Includes 271 PMB and 26 Chronic Diseases List (CDL) conditions
PMB medicine	Unlimited
Cancer treatment	R650 000 per family
Mental health (psychiatric treatment)	<ul style="list-style-type: none"> <li>Hospitalisation and professional psychiatric services: R53 900 per beneficiary per year to a maximum of R73 300 per family per year, including one educational psychologist consultation per beneficiary per year to diagnose autism</li> <li>Treatment of depression out of hospital, subject to registration on the Mental Health Programme: R6 000 per beneficiary per year, subject to the in-hospital limit, for services rendered by psychiatrists, psychologists, social workers, occupational therapists, and psychiatric nurses</li> <li>Medicine: R160 per beneficiary per month, subject to the in-hospital limit</li> </ul>
Health-essential functional prostheses	R77 400 per person <ul style="list-style-type: none"> <li>Intra-ocular lenses – R5 620 per lens, two lenses per person</li> <li>Hip, knee, and shoulder replacement – PMB and non-PMB</li> </ul>
Other prostheses	<ul style="list-style-type: none"> <li>EVARS prosthesis – R163 300 per person</li> <li>Vascular/cardiac prosthesis – R69 800 per person</li> <li>Prosthesis with reconstructive or restorative surgery and external breast prostheses – R11 800 per family</li> <li>Implantable hearing devices (including device and components) – R336 200 per person</li> <li>Out-of-hospital benefit: R180 000 sub-limit per beneficiary per 5-year period for replacement of the sound processor</li> </ul>
Organ transplants	PMB only – unlimited Cornea implants – R35 900 per implant Bone marrow/stem cell transplants – R395 700 per person
Palliative care	R33 800 per family
Wound care	R16 000 per family per year, including nurse consultations and material/stock used
Other core benefits	Including renal dialysis, prostatectomy, oxygen, hospice, subacute care, and private nursing services as an alternative to hospitalisation

